

DHA Omega-3 Liposomal

What do I use it for?

- Supporting healthy mood, focus and mental energy
- Heart and circulation support
- Supporting eye health
- General health and wellbeing

What makes it special?

DHA Liposomal provides Omega 3 from high quality pure Algae Oil. As a sustainable alternative to fish oil derived DHA, this easy to take liquid is suitable for vegans. It provides 400mg of DHA in a once a day formula and liposomal technology helps improve stability of these oils that can easily oxidise.

How does it work?

Liposomal spheres created from sunflower oil to provide a delivery capsule of phospholipid, the same substance as our cells. These are filled with our DHA from algae and their small size allows them to pass easily through the digestive system for immediate cellular support.



Clinicians 
Research Based



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Active Ingredients Each serve of 6ml contains:

Ingredients	Strength Units
Pure Algae oil providing Omega-3 as Docosahexaenoic acid (DHA)	400 mg

Also contains: Purified water, structured sunflower seed lecithin (providing essential phospholipids including phosphatidylcholine), natural fruit flavours, acacia gum, xanthan gum, potassium sorbate.

No Added: Gluten, dairy, yeast, sugar, artificial colours, sweeteners and flavours.

Directions See over →

DHA Omega Liposomal

Directions

One serve = 6ml (just over 1 tsp)

Adults: Once daily

Children (8 years +): Once daily

Best taken 15 minutes away from food. You can dilute to taste with a small amount of water or juice

Precautions and Contraindications

- Not to be taken if on blood thinning therapy, without medical advice.

Warning

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Pregnancy and Breastfeeding

- Suitable for pregnant and breastfeeding women .

Side Effects

- Considered well tolerated.

Drug Interaction

- Anticoagulant medicine, consult your healthcare practitioner.

Available in

