

Co Q10 Complex with PQQ Liposomal

What do I use it for?

- To support heart health and circulation
- Supports oral health
- Supports Energy levels
- Suitable with medications that may affect Co Q10 levels

What makes it special?

Coenzyme Q10 is poorly water soluble, which consequently leads to low systemic availability. Using liposomal technology Co Q10 and PQQ Liposomal is more bioavailable and comes in an easy to take liquid format. Containing scientifically validated levels of Co Q10 this formula also contains PQQ (Pyrroloquinoline Quinone), an antioxidant shown to support the body with energy, stress, sleep, mental focus and healthy brain function.

How does it work?

Liposomal spheres created from sunflower oil to provide a delivery capsule of phospholipid, the same substance as our cells. These are filled with our Coenzyme Q10 & PQQ and their small size allows them to pass easily through the digestive system for immediate cellular support.



Active Ingredients

 Each serve of 6ml contains:

Ingredients	Strength	Units
Coenzyme Q10 (ubiquinone)	100	mg
PQQ (pyrroloquinoline quinone)	5	mg

Also contains: Purified water, glycerin, structured sunflower seed lecithin (providing essential phospholipids including phosphatidylcholine), natural fruit flavours, acacia gum, xanthan gum, potassium sorbate

No Added: Gluten, dairy, sugar, artificial colours, sweeteners and flavours.

Directions See over →

Clinicians 
Research Based

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Directions

One serve = 6ml (just over 1 tsp)

Adults: Once daily

Best taken 15 minutes away from food. You can dilute to taste with a small amount of water or juice

Precautions and Contraindications

- Not to be taken if on blood thinning therapy, without medical advice.

Warning

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Pregnancy and Breastfeeding

- Avoid during pregnancy and breastfeeding.

Side Effects

- Considered well tolerated.

Drug Interaction

- Anticoagulant medicine - Co Q10 may reduce the anticoagulant effect of warfarin (4 cases have been reported). Consult your healthcare practitioner.

Available in



180ml